

# Rocky Ledge Swimming and Diving Team

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	6/20/2011 Swim Practice: 3:45 -4:45pm	6/21/20116/20/2011 Swim Practice: 3:45 -4:45pm	22-Jun	6/23/20116/20/2011 Swim Practice: 3:45 -4:45pm	24-Jun	25-Jun
26-Jun	6/27/20116/20/2011 Regular Swim Practice: 10:00 -11:45am (M-F unless otherwise noted)	28-Jun	29-Jun	6/30/2011 5pm Rye Golf Club Invitational (selected swimmers)	1-Jul	2-Jul
3-Jul	4-Jul	5-Jul	6-Jul	July 7 (3:30pm Team Pictures) 5pm Dual Division Meet Coveleigh @ Rocky Ledge	8-Jul	9-Jul
10-Jul	7/11/2011 5pm Bronxville Invitational (selected swimmers)	July 12 5pm Dual Division Meet Rocky Ledge @ Larchmont Shore club	7/13/2011 Team Trip to Lake Compounce	7/14/2011 5pm Westwood Invitational (selected swimmers)	15-Jul	16-Jul
17-Jul	18-Jul	July 19 9am Dual Division Meet Rocky Ledge @ Bronxville Field Club	July 20 9am Dual Division Meet NYAC @ Rocky Ledge	21-Jul	7/22/2011 Leukemia & Lymphoma Swim-for-a-Cure	23-Jul
24-Jul	7/25/2011 County Diving Championships ( 10 & 13+u)	7/26/2011 Rocky Ledge Invitational (time TBD)	July 27 9am Rocky Ledge @ Wykagyl & 5pm - NYAC Invitational	28-Jul	29-Jul	30-Jul
31-Jul	8/1/2011 County Swim Championships Rye Playland	8/2/2011 County Swim Championships Rye Playland	8/3/2011 County Swim Championships Rye Playland	8/4/2011 County Swim Championships Rye Playland	8/5/2011 Conference Diving Championships @ Lake Isle	6-Aug
7-Aug	8/8/2011 Conference Championships 12 & 14+u Prelims Scarsdale Munciple Pool	8/9/2011 Conference Championships 6 & 8 +u Prelims Coveleigh	8/10/2011 Conference Championships 10 & 17+u Prelims Rye Golf	8/11/2011 Conference Championships 12 & 14+u Prelims Westchester Country Club	8/12/2011 Rocky Ledge Swim Team Awards Dinner	13-Aug